



Teaneck Women's Soccer League

PARTICIPATION WAIVER & RELEASE OF LIABILITY:

In consideration of being allowed to participate, in any way in the Teaneck Women's Soccer League athletic/sports program, games, practices, and related events and activities, the undersigned:

1. Acknowledges and fully understands that he/she will be engaging in activities that involve risk of serious injury, including permanent disability and death and sever social and economic losses which might result not only from their own actions, inactions, or negligence, but that of others, the rules of play, or the conditions of the premises or any equipment used. Further that there may be other risks not knows to him/her or not reasonably foreseeable at this time
2. Assumes all foregoing risks and accepts personal responsibility for the damages following any injury, permanent disability or death
3. Acknowledges that although he/she is participating in a TWSL program, he/she is NOT an official TWSL member and is not insured as such and does not have insurance coverage from TWSL
4. Releases, waives, discharges, and covenants not to sue the Teaneck Women's Soccer League, their respective administrators, directors, agents, coaches, employees, and volunteers of the organization, other participants, sponsoring agencies, sponsors, advisors, and if applicable, owners and lessors of the premises used to conduct the event, all of which are hereinafter referred to as "releasees", from demand, losses, or damages on account of injury, including death or damage to property, caused or alleged to be caused in whole or part by the negligence of the releasee or otherwise.

The undersigned has read the above waiver and release and fully understands that he/she has given up substantial rights by signing it and that he/she signs it voluntarily under his/her own free will

CONCUSSION POLICY:

If a coach, board member or referee suspects that a player may have a concussion, that player will be immediately removed from play. That player will not be allowed to return to TWSL games, practices/pickup sessions, or tournaments until they provide written clearance from a licensed physician.

CODE OF CONDUCT:

- This league was established to create a fun, friendly games atmosphere for participants.
- While we understand the spirit of competition, we also expect players to be respectful of their opponents and to consider good sportsmanship.
- Many players participate for good exercise. We ask that players do their best to involve all teammates in the play.
- We ask that players are considerate of all players and their varying level of experience and skill—even that of their opponents.
- We all have to work on Monday! Aggressive play, even that which is within the rules of soccer, is not part of this league's design. Those practices are conducive to injury.
- We ask all players to practice good sportsmanship. If a foul is committed or a physical play takes place, make sure the offense is reconciled before continuing play
- To respect all game officials, opponent players, teammates and fans at all times before, during or after a match.

On and off the field, I will:

- Adhere to the Laws of The Game
- Display and promote high standards of behavior
- Promote Fair Play

- Always respect the match officials' decisions
- Never engage in public criticism of the match officials
- Never engage in offensive, insulting or abusive language or behavior
- Never engage in bullying, intimidation or harassment
- Speak to my team-mates, the opposition and my coach/manager with respect
- Remember we all make mistakes.
- Win or lose with dignity. Shake hands with the opposing team and the referee at the end of every game.

Please keep in mind that our coaches and game officials volunteer their time for our League. Sportsmanship will be demonstrated to our coaches and game officials as it would be demonstrated to fellow players.

Only registered team players and the respective coach should be on bench during games. Spectators are asked to sit in the bleachers. Teams are responsible for sideline fans. Please remind your fans to refrain from making comments to or about the game officials or players on the opposing team. The referee or a TWSL Board Member have the right to remove fans should spectator behavior get out of hand.

The league officials have the full power and discretion of imposing penalties on all violations of the League Code of Conduct. For violations not listed, penalty shall be decided at the discretion of the league officials.

If you as a player, spectator or coach witness inappropriate behavior at our practices or games, please let us know about it. It's our job to address it.

Concerns should be sent to Christina DiForte, Player Liaison
email: christina.diforte@yahoo.com or phone: 850-341-0086

The following will outline Teaneck Women's Soccer League's policy regarding player and/or coach misconduct in the context of league play. League play consists of any TWSL sponsored event such as

league games, practices, pick-up games, scrimmages, or outside events such as tournaments that TWSL is registered for and participating in as a group.

Misconduct Includes:

- Offensive or foul language on the field, whether it is directed at an opposing team, its coaches or one's own team member or coach.
- Excessive and inappropriate physical contact, which may result in injury to an opposing team or one's own team member.
- Any language or action directed at an opposing team, its coaches or one's own team member or coach which be construed as belittling, demeaning, inappropriate or attacking in any way and which may result in a complaint to the board.

If one of the board members, a league player, or coach witnesses an incident as outlined above during any TWSL event, or if such an incident is formally brought to the attention of the board, the offending party will be subject to the following:

Consequences:

- An official reprimand by the TWSL board on the first incident.
- A reprimand and one-game suspension for the second incident.
- A suspension for the remainder of the season or 60 days, whichever is longer on the third incident. (*Any registration fees paid will not be refunded.*)

CARD POLICY

3 yellow cards in one season will result in a 1 game suspension
1 red card will result in a 2 game suspension
2 yellow cards in one game = 1 red card and therefore will result in 2 game suspension

Player Signature

Date

Printed Name